



JOKES AND QUOTES ON OLD AGE

1.- Bodily Malfunctions

Three old men are talking about their aches, pains and bodily functions.

One seventy year old man says, "I have this problem. I wake up every morning at seven and it takes me twenty minutes to pee."

An eighty year old man says, "My case is worse. I get up at eight and I sit there and grunt and groan for half an hour before I finally have a bowel movement."

The ninety year old man says, "At seven I pee like a horse, at eight I crap like a cow." "So what's your problem?" asked the others.

"I don't wake up until nine."

2.- How Do You Feel?

Two old men in a retirement village were sitting in the reading room and one said to the other, "How do you really feel? I mean, you're 75 years old, how do you honestly feel?"

"Honestly, I feel like a new born baby. I've got no hair, no teeth, and I just peed myself."

3.- Hard of Hearing

Three retirees, each with a hearing loss, were taking a walk one fine March day.

One remarked to the other, "Windy, ain't it?"

"No," the second man replied, "It's Thursday."

And the third man chimed in, "So am I. Let's have a coke."

4.-When You're Over 50...

Kidnappers are not very interested in you.

In a hostage situation you are likely to be released first.

No one expects you to run into a burning building.

People call at 9 p.m. and ask, "Did I wake you?"

People no longer view you as a hypochondriac.

Things you buy now won't wear out.

You can live without sex (but not without glasses).

You enjoy hearing about other people's operations.

You get into a heated argument about pension plans.

You have a party and the neighbours don't even realize it.

You no longer think of speed limits as a challenge.

You quit trying to hold your stomach in, no matter who walks into the room.

You sing along with the elevator music.

Your investment in health insurance is finally beginning to pay off.

Your joints are more accurate meteorologists than the National Weather Service.

Your secrets are safe with your friends because they can't remember them either.

Everything that works hurts, and what doesn't hurt doesn't work.

Your children are beginning to look middle-aged.

Your mind makes contracts your body can't keep.

You sink your teeth into a steak, and they stay there.

You know all the answers, but nobody asks the questions

5.- NO Nursing Home for me!

With the average cost for a Nursing Home per day reaching \$188.00, there is a better way when we get old & feeble. I have already checked on reservations at the Holiday Inn for a combined long term stay discount and senior discount of \$49.23 per night. That leaves \$138.77 a day for:

1. Breakfast, lunch and dinner in any restaurant I want, or room service.

2. Laundry, gratuities and special TV movies. Plus, they provide a swimming pool, a workout room, a lounge, washer, dryer, etc. Most have free toothpaste and razors, and all have free shampoo and soap.

3. They treat you like a customer, not a patient. \$5 worth of tips a day will have the entire staff scrambling to help you. There is a city Bus stop out front, and seniors ride free. The Handicap bus will also pick you up (if you fake a decent limp). To meet other nice people, call a Church bus on Sundays. For a change of scenery, take the Airport shuttle Bus and eat at one of the nice restaurants there. While you're at the airport, fly somewhere. Otherwise, the cash keeps building up.

4. It takes months to get into decent nursing homes. Holiday Inn will take your reservation today. And you are not stuck in one place forever, you can move from Inn to Inn, or even from city to city. Want to see Hawaii? They have a Holiday Inn there too.

5. TV broken? Light bulbs need changing? Need a mattress replaced? No problem. They fix everything, and apologize for the inconvenience. The Inn has a night security person and daily room service. The maid checks to see if you are ok. If not, they will call the undertaker or an ambulance. If you fall and break a hip, Medicare will pay for the hip, and Holiday Inn will upgrade you to a suite for the rest of your life.



6. And no worries about visits from family. They will always be glad to find you, and probably check in for a few days mini-vacation. The grand kids can use the pool. What more can you ask for?

So: As I reach the Golden age I'm facing it with a grin. I'll just check into the nearest Holiday Inn!

6.- Marry Me

An elderly widow and widower were dating for about five years. The man finally decided to ask her to marry. She immediately said "yes".

The next morning when he awoke, he couldn't remember what her answer was! "Was she happy? I think so, wait, no, she looked at me funny..."

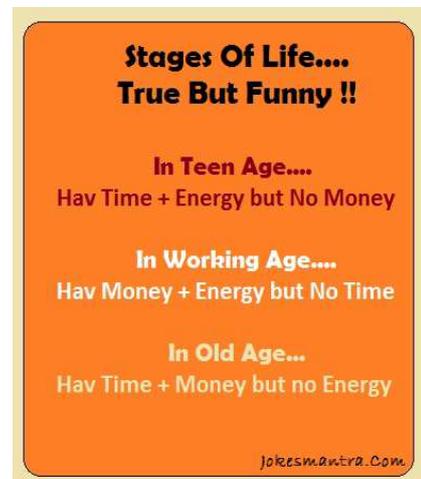
After about an hour of trying to remember to no avail, he got on the telephone and gave her a call. Embarrassed, he admitted that he didn't remember her answer to the marriage proposal.

"Oh", she said, "I'm so glad you called. I remembered saying 'yes' to someone, but I couldn't remember who it was."

QUOTES ON OLD AGE

- ✓ Age is an issue of mind over matter. If you don't mind, it doesn't matter. ~Mark Twain
- ✓ Nobody grows old merely by living a number of years. We grow old by deserting our ideals. Years may wrinkle the skin, but to give up enthusiasm wrinkles the soul.
- ✓ You are as young as your faith, as old as your doubt; as young as your self-confidence, as old as your fear; as young as your hope, as old as your despair. ~Douglas MacArthur
- ✓ Wrinkles should merely indicate where smiles have been. ~Mark Twain.
- ✓ Old age isn't so bad when you consider the alternative. ~Maurice Chevalier,
- ✓ Do not regret growing older. It is a privilege denied to many. ~Author Unknown

- ✓ A man is not old until regrets take the place of dreams. ~John Barrymore
- ✓ The first sign of maturity is the discovery that the volume knob also turns to the left.
- ✓ Forty is the old age of youth; fifty the youth of old age. ~Victor Hugo
- ✓ I still have a full deck; I just shuffle slower now. ~Author Unknown
- ✓ At 20 years of age the will reigns; at 30 the wit; at 40 the judgment. ~B. Franklin.
- ✓ Before thirty, men seek disease; after thirty, diseases seek men. ~Chinese Proverb
- ✓ You can't help getting older, but you don't have to get old. ~George Burns
- ✓ Don't worry about avoiding temptation - as you grow older, it starts avoiding you.



- ✓ Men do not quit playing because they grow old; they grow old because they quit playing.
- ✓ Some people, no matter how old they get, never lose their beauty - they merely move it from their faces into their hearts. ~Martin Buxbaum
- ✓ An archeologist is the best husband any woman can have: the older she gets, the more interested he is in her. ~Agatha Christie, news summaries, 9 March 1954
- ✓ The years between fifty and seventy are the hardest. You are always being asked to do more, and you are not yet decrepit enough to turn them down. ~T.S. Eliot, quoted in *Time*, 23 October 1950

- ✓ A person is always startled when he hears himself seriously called an old man for the first time.
- ✓ You are only young once, but you can stay immature indefinitely. ~Author Unknown
- ✓ They say that age is all in your mind. The trick is keeping it from creeping down into your body.
- ✓ Like a lot of fellows around here, I have a furniture problem. My chest has fallen into my drawers.
- ✓ One of the best parts of growing older? You can flirt all you like since you've become harmless.
- ✓ Middle age is when a narrow waist and a broad mind begin to change places.
- ✓ I don't do alcohol anymore - I get the same effect just standing up fast. ~Author Unknown
- ✓ The older I grow the more I distrust the familiar doctrine that age brings wisdom. ~H.L. Mencken
- ✓ Middle age is when you choose your cereal for the fiber, not the toy. ~Author Unknown
- ✓ The elderly don't drive that badly; they're just the only ones with time to do the speed limit. ~Jason Love
- ✓ Life would be infinitely happier if we could only be born at the age of eighty and gradually approach eighteen. ~Mark Twain
- ✓ They talk about the economy this year. Hey, my hairline is in recession, my waistline is in inflation.
- ✓ You can't turn back the clock. But you can wind it up again. ~Bonnie Prudden
- ✓ The answer to old age is to keep one's mind busy and to go on with one's life as if it were interminable.
- ✓ I always admired Chekhov for building a new house when he was dying of tuberculosis. ~Leon Edel
- ✓ I am old enough to see how little I have done in so much time, and how much I have to do in so little.
- ✓ A man's age is something impressive, it sums up his life: maturity reached slowly and against many obstacles, illnesses cured, griefs and despairs overcome, and unconscious risks taken; maturity formed through so many desires, hopes, regrets, forgotten things, loves. A man's age represents a fine cargo of experiences and memories. ~Antoine de Saint-Exupéry,